

# Meaningful Connections

Our meaningful connections are the special people in our lives who we can talk to when we are feeling stressed, upset or worried. They may be a friend, a family member or another special person in your life. Can you think of 3 people who you have a meaningful connection with and then write about how they are there for you and make you feel happy

I have a meaning connection with...



I have a meaning connection with...

I have a meaning connection with...